



10 & Under - Open Gym/Play Rules

The safety and enjoyment of all our Open Gym/Play participants is the number one goal of Achieve Sports, therefore we have set up the following rules that apply to all Open Gym/Play participants.

1. All participants must be 10 years old or younger, register in advance through the portal or at the front desk, pay the open gym/play fee, and have parent/guardian signed waiver on file in their account before they may enter and participate in the open gym/play area.
2. **Parents and/or guardians are required to accompany participants in open gym/play.**
3. Only an Achieve Sports Staff member or the child's own parent/guardian can assist and provide instruction. It is recommended that they ask the open gym/play supervisor for instructional assistance.
4. Cell phones may only be used in open gym/play for skill analysis. Participants may not use cell phones while on any apparatus or performing skills. Taking photos of other participants without their consent is strictly prohibited.
5. All participants should be appropriately dressed in workout attire. Long hair should be pulled back and secured in the gymnastics area. Because of the various ages of our participants, sports bras are inappropriate for open gym/play settings, unless covered by appropriate workout attire. Tennis shoes are required to participate in the ninja, turf, and court areas. The use of cleats on our turf is prohibited.
6. The safety of others is everyone's responsibility, be aware of your surroundings, and others working in the open gym/play area. This includes no running between events or through areas which others are working in.
7. Be courteous to others, all equipment must be shared among the participants. If you need assistance with moving equipment, ask the open gym/play supervisor.
8. Only perform skills you are ready for. If you need assistance with a skill, ask the open gym/play supervisor to assist you.
9. Any activity involving motion, rotation or height may cause serious accidental injury, including landing in the pit. Participate at your own risk.
10. For court open-gyms please make sure to write your name on the white board for the next game. Please keep game play to 30 minutes to allow other players to join.
11. Non-sanctioned practices are not allowed.
12. Please do not dunk or hang on the basketball rims, do not throw balls at undesignated walls, do not drag nets and other equipment on the turf grass, do not climb or hang on the nets in the court area, and do not climb on the upstairs railing.
13. Misbehavior, foul language, taunting & verbal intimidation, gross misconduct, fighting, reckless play, and misuse & destruction of property are not tolerated. Our open gym/play supervisors have the authority to remove participants from open gym/play for any of these reasons. Along with immediate or extended loss of facility privileges, if appropriate, further disciplinary action or consequences may take place.
14. No food, gum, or drink besides water is allowed in the open gym/play area.
15. Participants that do not drive should wait within the building until their ride arrives.
16. Fees are not prorated for late arrival or early departure.
17. The maximum number of participants for a given open gym/play is 25.