



GYMNASTICS

April 2024

Important Dates:

04/13 – Preseason Meet (NO SPECTATORS) @ ASC

04/15 – Parent Volunteer Fee Due

04/27 – Preseason Meet @ ASC

04/28 – Achieve Sports EXPO

04/30 – May Tuition Due

GET CONNECTED

AchieveSports.com

Facebook:

[Achieve Sports & Achieve Gymnastics Group](#)

Instagram:

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Achieve Gymnastics

3460 S Fairplay Way
Aurora, CO 80014

Achieve Sports Center

22675 E Aurora Pkwy,
Aurora, CO 80016

Chalk Talk

Competition season is here! We hope you take all the hard work that you've put in to perform your routines to the best of your abilities! If you are struggling with any aspect of your gymnastics, please talk to your coaches! We are here to help, support, and encourage you! We wish you the best of luck and hope you have fun!

Preseason Meets

Our Preseason meets are at Achieve Sports Center. At preseason meets gymnasts do not wear competition leotards, just a leotard they would wear to practice. Below is the schedule for the first preseason meet. Please make sure to arrive on time and remember no spectators at this meet. This is to allow the experience to closely resemble a practice, allowing the gymnasts to practice competing without the added pressure of spectators.

Saturday April 13th @ ASC:

Comp 2

8:00 am – Arrive in Turf

8:00-8:15 – Open

8:15-8:45 – Timed

8:45-8:50 – March In

8:50-9:55 – Competition

Optionals

1:00 pm – Arrive in Turf

1:30-2:00 – Open

2:00-2:50 – Timed

2:50-2:55 – March In

2:55-4:55 – Competition

Comp 3 & 4

4:30 pm – Arrive in Turf

4:30-4:55 – Open

4:55-5:45 – Timed

5:45-5:50 – March In

5:50-8:00 – Competition

Achieve Sports EXPO

Our Annual EXPO is coming up! We look forward to this event every year, as we get to celebrate the hard work of our rec athletes. **The Expo will be held at ASC on Sunday April 28th.** The attendance of optional level gymnasts' plays a huge role in helping make this event a success, so make sure to mark your calendars!

Used Leo Sale

This year's leotard sale is Sunday, April 28th to Saturday, May 4th at ASC. This is the best time to shop for new-to-you leotards and other gymnastics apparel. If you are interested in bringing items to sell, you can drop them off at either location now till May 2nd. You must include a tag (prices in increments of \$5) with your name and size written on the tag. For every item you sell, a portion will go toward your fundraising account. An email has been sent to all families with more information, including the tags that should be attached to your items.

2024 Meet Schedule

Here is the 2024 Competition schedule. These can also be found on the [Colorado Gymnastics League](#) website, where specific meet times will be available as we get closer to their date. The 05/11 and 06/29 meets will be hosted by Chalk Box at Elizabeth High School (34500 Co Rd 13, Elizabeth, CO 80107). All other meets will be located at Achieve Sports Center (22675 E Aurora Pkwy, Aurora, CO 80016). We look forward to a successful competition season!

Sat. 05/11 @ Elizabeth High School

Sat. 06/01 @ ASC

Sat. 06/15 @ ASC

Sat. 06/29 @ Elizabeth High School

Fri. 07/12 (Regionals–Opt) @ ASC

Sat. 07/13 (Regionals–Comp 3&4) @ ASC

Fri. 07/19 (State–Opt) @ ASC

Sat. 07/20 (State–Comp 2,3,&4) @ ASC

Meet Prep Clinics

These one-hour clinics are perfect for compulsory gymnasts to work on more routines and skills for competition season. Each clinic is \$18.

Routine Clinics

Tuesday 04/09 7-8 pm

- C3 & C4: Floor & Beam Routines

Tuesday 04/16 7-8 pm

- C2 & C3: Floor & Beam Routines

Skill Clinics

Tuesday 04/23 7-8 pm

- C3: Beam & Vault
- C4: Tumbling & Bars

Tuesday 05/07 7-8 pm

- C3 & C4: Floor & Beam

Other Sports & Activities

Achieve offers a wide range of sports and enrichment programs! Click the links or contact the Front Desk for more information on what we have to offer at Achieve Sports Center.

Court:

- 3 on 3 Basketball
- Rec Volleyball
- Pickleball
- * Volleyball and Basketball clinics in May & June, open for enrollment now!
- *NEW* Sports Strength & Agility
 - Fridays 5-6pm (starting 05/03), enrollment open now!

Turf:

- Soccer League
- Rec Lacrosse
- Rec Softball
- Rec Soccer
- Rec Golf
- Rec Baseball
- * Lacrosse, Softball/Baseball, Golf, & Soccer clinics in May & June, open for enrollment now!
- *NEW* Sports Strength & Agility
 - Fridays 5-6pm (starting 05/03), enrollment open now!

Enrichment:

- Tippy Toes Dance

Open Gym

Open Gyms are available throughout the week! This is a great time to get in some extra practice, bring a friend, and have fun! **Sign up ahead of time through the Parent Portal or Front Desk, as spots are limited.**

Gymnastics

AG

Tues (10 & under) 9-10 am

Fri (6 & older) 7-9 pm

ASC

Wed (10 & under) 10-11 am

Fri (10 & under) 9-10 am

Sat (10 & under) 9:30-10:30 am

Sat (6 & up) 5:30-7:30 pm

Court

Pickleball

Mon – Thu: 10 am-12 pm & 12 pm-2 pm

Tues 7-9 pm

Fri 9 am-11 am, 11 am-1 pm, & 6:15 pm-8 pm

Sat 12 pm-2 pm

Sun 10 am-12 pm & 12-2 pm

Volleyball

Mon/Wed 7-9 pm

Sun 3-5 pm

Basketball

Sat 9-11 am

Turf

(10 & older) Mon/Tue/Wed/Fri 12-2

(10 & Under) Mon/Tue 11-2 pm

Wed 10:30-11:30 am