



GYMNASTICS

February 2026

Important Dates:

02/10: Team Pictures & Chipotle Fundraiser

01/19 – 02/16: Little Caesars Fundraiser

02/28: March Tuition Due

GET CONNECTED

AchieveSports.com

Facebook:

[Achieve Sports & Achieve Gymnastics Group](#)

Instagram:

[@AchieveSportsCo](#)

Achieve Gymnastics

3460 S Fairplay Way
Aurora, CO 80014

Achieve Sports Center

22675 E Aurora Pkwy,
Aurora, CO 80016

Chalk Talk

What a way to kick off a season! With many of our first meets now complete, we hope you continue to come to each practice ready to work towards your goals. These goals should be SMART (Specific, Measurable, Achievable, Relevant, and Time-bound). Clear goals and a plan to achieve them will help you get the most out of your practices.

Chipotle Fundraiser

Enjoy some Chipotle after team pictures while supporting Achieve Sports Boosters on **Tuesday 02/10, 4-8pm.**

Location: **20209 E Smoky Hill Rd, Centennial, CO 80015**

Little Caesars Fundraiser

Kick off the season with some staples from Little Caesars. This fundraiser is running **1/19 – 2/16**

This fundraiser will be **100% online.** An email with a link to set up a sellers account has been shared.

For each \$6 received, \$4 will go to your fundraising account and \$2 to the APS board.

Fundraising balances can be used towards tuition and the pro shop. Funds raised become available in the following quarter. Funds raised in February will be available for use May 1st.

Checking Meet Scores

Scores from meets can be found on MeetScoresOnline.com

Team Pictures

Team Pictures will take place on **Tuesday, February 10th at Achieve Sports Center.**

Girls should arrive just as they would to a meet: wearing their competition leotard, with hair styled appropriately (secure and out of their face), no jewelry except a single stud earring, and no nail polish.

Please be aware that any late arrivals will not be included in the team picture. It is important to arrive on time!

No team practice this day, only pictures.

Picture Day Arrival Times

C2's: 5pm

Silvers: 5:30pm

Golds: 6pm

Platinums & Diamonds: 6:30pm

SPORTS MEDICINE



What All Coaches Need to Know About First Aid

Do you have the essentials packed?

The start of a new year is the perfect time to ensure your first-aid kit is ready for the next emergency.

From the essentials you need to the best way to assemble, check out our expert guide.

ChildrenColorado.org



Nutrition Tip of the Month



Homemade energy bites are small, nutrition packed pre-workout snack. Eating 2 to 3 an hour before practice can give you the energy you need to perform!

Other Sports & Activities

Achieve offers a wide range of sports and enrichment programs! Visit our website (Achievesports.com) or contact the Front Desk for more information on what we have to offer at Achieve Sports Center.

Court:

- Basketball
- Rec Volleyball
- Volleyball League
- Pickleball
- Sports Strength & Agility

Other:

- Ju Jitsu w/ BRD BJJ
- Dance w/ Tippi Toes
- Baseball & Softball w/ HitStreak

Open Gym

Open Gyms are available throughout the week! This is a great time to get in some extra practice, bring a friend, and have fun! **Sign up ahead of time through the Parent Portal or Front Desk, as spots are limited.**

Gymnastics

AG

Tues (10 & under) 9-10 am

Fri (6 & older) 7-9 pm

ASC

Wed (10 & under) 10-11 am

Fri (10 & under) 9-10 am

Sat (10 & under) 9:30-10:30 am

Sat (6 & up) 5:30-7:30 pm

Court

Pickleball

Mon – Thu: 10-12 pm & 12-2 pm

Tues 7-9 pm

Fri 9-11 am, 11-1 pm, & 7-9 pm

Sat 12-2 pm

Sun 10-12 pm & 12-2 pm

Volleyball

Tues: 7-9 pm