



Achieve Gymnastics

October 2026

Important Dates:

-10/12-10/18- Fall Break-
regular team practice (no
break)

-10/31- Team & Recreations

Classes as scheduled, No

6-8 pm Open Gym

-10/31 –October Tuition Due

11/15 – League Fee Due

Start with a *Dream*.

Learn to *Believe* ...

Achieve Gymnastics!

Chalk Talk

As season is quickly approaching it is time to learn routines, perfect skills and get ready for a fun and exciting season! Parents- don't forget to sign up for the parent meeting. We go over all things related to the season and answer all the questions! Give your gymnast the opportunity for success this season by signing up for routine workshops, clinics and open gyms over Fall Break!

Routine Workshops

It is time for gymnasts to be introduced to their floor and beam routines for the upcoming season! Gymnasts new to their level are recommended to attend two workshops but required to attend one. Gymnasts doing their second year or more at their level should attend at least one workshop. Please ensure your gymnast is enrolled in the correct level workshop!

Compulsory 2

10/16 | 11:30–12:30 pm

10/18 | 2:30–3:30 pm

10/24 | 3:30–4:30 pm

Silvers

10/16 | 12:30–1:30 am

10/18 | 1:30–2:30 pm

10/24 | 2:30–3:30 pm

Golds

10/16 | 1:30–2:30 am

10/18 | 2:30–3:30

10/24 | 3:30–4:30 pm

Cost: \$20/workshop

3460 South Fairplay Way
Aurora, CO 80014

720-330-2200

www.AchieveGymnastics.com

Find us on Facebook at:

Achieve Gymnastics &
Achieve Gymnastics Group

Fall Break Team Clinics

Monday 10/12:

11-12 pm

C2 & Silver: Bar Skills

Gold: Floor Skills

PDS: Vault

Tuesday 10/13:

11-12 pm

C2 & Silver: Floor Skills

Gold: Bar Skills

12-1 pm

PDS: Floor Tumbling

Wednesday 10/14:

11-12 pm

C2 & Silver: Beam Skills

Gold: Vault

1-2 pm

PDS: Bars

Thursday 10/15:

11-12 pm

C2: Vault

Gold: Beam Skills

12-1 pm

Silver: Vault

PDS: Beam Skills

Cost: \$20/Clinic

Competition Fee Deadline

11/15/2026 – League Fee

- C2: \$335
- Xcel S/G/P/D/Sa: \$740-1015
- Fee is based on specific meets registered for.

1/15/2027

- Parent Volunteer Fee Due
 - o C2's: \$75
 - o Xcel: \$200

Mandatory Parents Meetings

Before competition season starts, parents are required to attend a Parent Meeting. These are to ensure parents are informed on what to expect throughout the competition season. Meetings will cover competition fees, tentative meet schedules, parent volunteer fund, and other important information! We cannot stress how important it is to attend the parents' meeting and come to us with any questions! Packets will be passed out including the Team Handbook, contact information, fundraising and more. We look forward to another successful season with your help!

Sunday, November 15th 1-2:30 pm

Saturday, November 21st 3-4:30 pm

Sign up in the portal!

Additional Fall Break Open Gyms

Monday 10/12: 12-2 pm
(Team Only) \$12

Tuesday 10/13: 10-11am
(10 & under) \$6

Friday 10/16: 10-11am
(10 & under) \$6



- [The Mental Side of Girls Sports](#)
- [A Parent's Guide to Positivity](#)
- [Sleep and Teen Athletes](#)
- [Healthy Hydration for Young Athletes](#)
- [Are Energy Drinks Safe?](#)

Butter Braid Fundraiser

Help Achieve athletes fundraise for their competition season with Butter Braids!

Fundraiser begins on 10/12

All orders must be submitted by 10/30

Online ordering is available

Butter Braids to be delivered on 11/12

Open Gym

Open Gyms are available throughout the week! This is a great time to get in some extra practice, bring a friend, and have fun! **Sign up ahead of time through the Parent Portal or Front Desk, as spots are limited.**

Tues (10 & under) 9 - 10 am

Wed (10 & under) 10 - 11 am

Fri (10 & under) 9 - 10 am

Fri (6 & older) 7 - 9 pm

Sat (6 & older) 6 - 8 pm



OVERLAND HIGH SCHOOL GYMNASTICS SCHEDULE

Date	Location	Time
10/07	Heritage, Palmer Ridge & Elizabeth @ Overland HS	5:20 pm
10/10	Mountain Range Invite @ Mountain Range HS	10:00 am
10/14	Cherry Creek & Rock Canyon @ Overland HS	5:20 pm
10/21	League Meet @ Overland HS	5:00 pm
10/22	JV League Meet @ Cherry Creek HS	5:00 pm
10/29	Regionals @ Overland	3:15 pm
11/06	State Team & All Around Finals @ Coliseum	9:20 am
11/7	State Individual Finals @ Coliseum	11:30 am

Have you left us a review?

